



Flap reconstruction of the chest wall after oncologic resection

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Abstract: Extensive chest wall resection and chest wall reconstruction are surgically challenging, but also potentially critical for the survival of the patient. For these reasons, careful patient selection is important. A multidisciplinary approach towards patient selection, along with perioperative and post-operative therapy, is essential for achieving the best and earliest possible recovery. The timing and treatment should be individually planned. Chest wall defects can be full-thickness or partial-thickness, while reconstruction can be divided into chest wall stabilization and soft tissue reconstruction with flap. The choice of the flap reconstruction method is based on the location and size of the defect, availability of the local and pedicled options, patient history of previous operations, scars or radiotherapy, and the general condition and prognosis of the patient. Pedicled myocutaneous flaps remain the most popular choice for reconstruction of the soft tissue of the chest. However, sometimes the required pedicled or local flaps are inadequate in size and dimension, or are unavailable. In these cases, microvascular reconstruction can be mandatory. This article focuses on soft tissue flap reconstruction of the chest wall after oncological resection.

Keywords: Chest wall; resection; reconstruction; flap; free flap; microvascular

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Introduction

Infection, oncologic resection, trauma, congenital deformities or radiation necrosis may result in chest wall defects that require reconstruction (1,2). Oncological tumor resection to remove soft tissue sarcoma, osteo or chondrosarcoma, or advanced breast and lung cancer, typically results in severe defects of the chest wall (3,4). These defects are usually classified according to anatomical location including anterior (sternal), anterior-lateral, posterior-lateral and thoraco-abdominal (5).

Thickness of chest wall defects can be classified as full or partial. Partial-thickness defects include defects of the soft tissue and skeletal bone. In the case of oncological resection, one-stage surgery is recommended. In this procedure, resection and reconstruction are conducted in the same operation. In this article, we focus on soft tissue

reconstruction of the chest wall after oncological resection.

The goals of chest wall reconstruction

The goals of chest wall reconstruction are generally well-defined. Reconstruction should avoid lung herniation, achieve adequate stability to allow physiological movements, create a stable platform to support the shoulders and upper extremities, and achieve an airtight closure (2,6-8). Reconstruction should also maintain adequate respiratory function, obliterate dead space in the chest wall cavity, and protect the vital intrathoracic organs (9-11).

Coverage with well-vascularized soft tissue is essential not only for achieving the goals of reconstruction (1,7,12), but also for providing an acceptable cosmetic result (2). However, there is still controversy regarding what the size and location of the defect of the chest wall cage should be

to necessitate chest wall stabilization (7).

General principles of chest wall reconstruction

Extensive chest wall resection and reconstruction are surgically challenging, but also potentially critical for the survival of the patient. For this reason, careful patient selection is important. A multidisciplinary approach in patient selection, in addition to careful perioperative and post-operative therapy, is essential to achieve the best and earliest possible recovery. The timing and treatment should be individually determined. Surgical operation should be carefully planned in order to achieve a fast and safe operation.

Whether chest wall cage restoration is mandatory for stabilization remains contentious, and largely depends on the size and location of the defect of the chest wall. It has been shown that in larger chest wall defects, reconstruction with mesh has reduced ventilator dependence and hospital stay compared to defects reconstructed without mesh (13).

The size of the chest wall defect is not the only determinant for the need of stabilization; location of the defect is also an important factor. Since the scapula bone provides support for the posterior chest wall, stabilization of the posterior chest wall is required less often (12,14). As such, Mansour *et al.* suggested that only soft tissue and not skeletal reconstruction would be needed for posterior chest wall defects under the scapula above the fourth rib (4).

In small, full-thickness defects (one or two ribs), some surgeons use synthetic mesh to prevent bulging or herniation of the lung (3,4). It is widely thought that defects over four ribs or larger than 5 cm need stabilization (10,11). Stabilization of the chest wall and soft tissue reconstruction are also needed mainly in larger, full-thickness defects. For larger anterior or anterior-lateral defects, several surgeons have recommended additional stabilization with more rigid techniques such as the sandwich technique (methyl-methacrylate between two meshes) (15), rib graft with mesh, and titanium plates (16). For exclusively skeletal bone defects after chest wall stabilization, soft tissue reconstruction is not mandatory if the primary closure is completed with well-vascularized, healthy soft tissue. If the soft tissue is compromised from previous radiation therapy, the flap reconstruction may endure wound healing. In some select cases, a skin graft is possible, but usually it is suboptimal for the reconstruction of the chest wall defect.

General principles of chest wall flap reconstruction

Pedicled myocutaneous flaps are the first choice for soft tissue reconstruction of the chest wall (1). Sometimes these pedicled or local flaps are inadequate in size and dimension, or are unavailable, in which case microvascular reconstruction may be mandatory (17). It is recommended that the reconstructive elevator algorithm should be used in chest wall soft tissue reconstruction (3).

The choice of reconstruction method is based on the location and size of the defect, availability of the local and pedicled options, patient history of previous operations or radiotherapy, and the general condition and prognosis of the patient. Location of the defect is especially relevant not only when assessing the need of chest wall stabilization, but also for soft tissue reconstruction.

During flap selection, it should be verified that harvesting the area of the flap will not affect breathing (18), and that closing the flap harvesting area will not increase the defect size in the reconstruction area.

Pedicled or local flaps

Pedicled muscle or musculocutaneous flaps

Latissimus dorsi muscle flap

The latissimus dorsi muscle or latissimus dorsi musculocutaneous flap (*Figure 1A,B,C,D*) has been used as a workhorse for chest wall reconstruction in several surgical series (1,3,4,14,19). This flap is also commonly used to obliterate dead space in intrathoracic defects (20,21), as muscle should not be cut in routine thoracotomy. The latissimus dorsi flap has many advantages, including its large size, its ability to be tailored to the defect, a relatively long pedicle that allows a wide arc of rotation, and its ability to be easily harvested. The skin island of the cutaneous flap can only be harvested to a width of 7–10 cm if the aim is to close the donor site directly. If a large skin island is needed, a donor area has to be skin grafted. The flap can cover most anterior, anterior-lateral, and posterior-lateral defects.

Pectoralis major muscle flap

The pectoralis major muscle flap is another popular choice in chest wall reconstruction (1,14,22). Vascularity of the flap is supplied by a dominant thoracoacromial pedicle and secondary intramammary pedicles. The flap can be used as a pedicle flap based on the thoracoacromial pedicle, or split turnover flap based on secondary pedicles. The flap can be

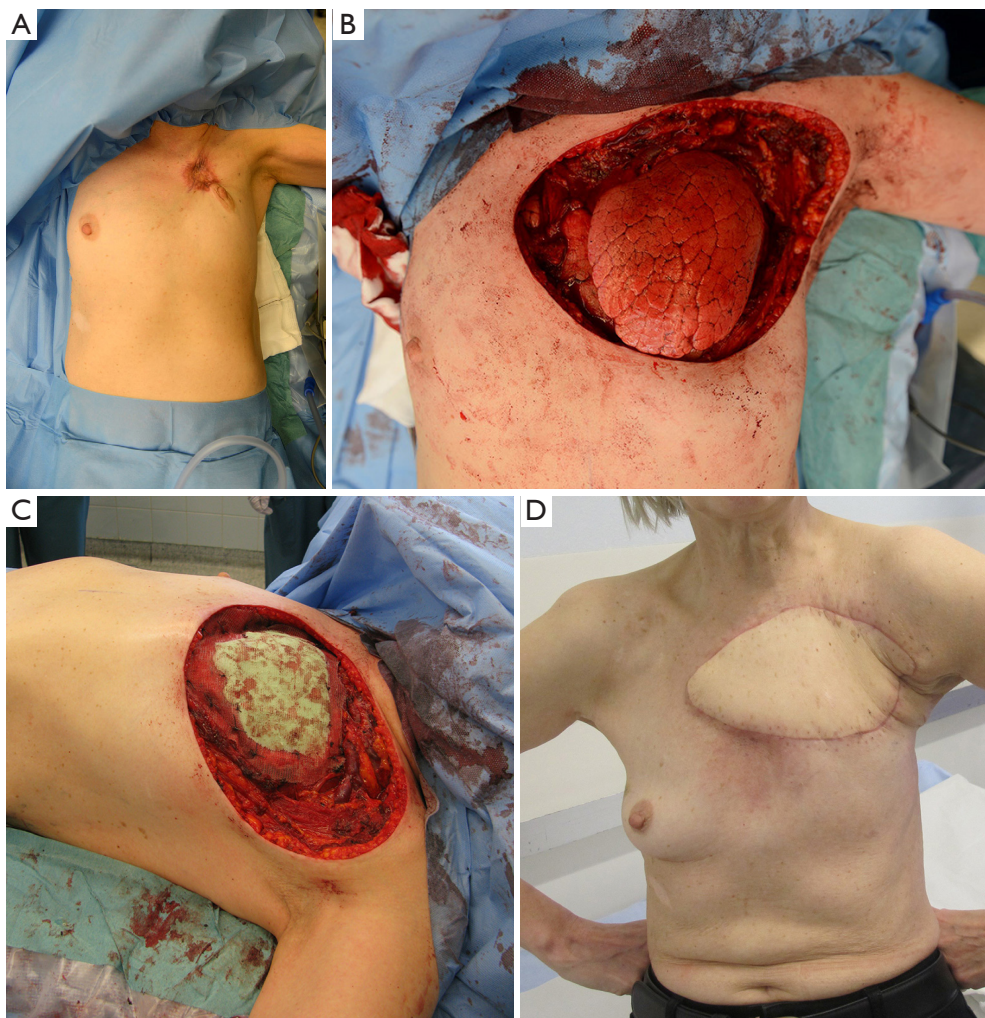


Figure 1 Chest wall resection and reconstruction. (A) Recurrence of breast cancer; (B) full-thickness anterior-lateral chest wall resection; (C) chest wall stabilization with a sandwich-technique (methyl-methacrylate between two pieces of mesh); (D) soft tissue reconstruction with pedicled musculocutaneous latissimus dorsi flap.

harvested with or without a skin paddle, and can reach to the anterior chest wall. In wider defects, bilateral flaps can be used.

Rectus abdominis muscle flap and variants

A pedicled rectus abdominis muscle flap (19,23) or different musculocutaneous variants (vertical rectus abdominis muscle, VRAM; transversal rectus abdominis, TRAM) have been used to cover anterior, anterior-lateral chest, and thoraco-abdominal wall defects. The rectus abdominis muscle is supplied by two dominant pedicles (the superior epigastric and the deep inferior epigastric artery). For reconstruction of chest wall defects, a pedicled

flap is based on the superior pedicle. A VRAM flap design is very suitable for long vertical anterior defects, whereas a TRAM flap can be harvested for a wider, but less reliable, skin paddle without any primary closing problems; ultimately, this resembles an aesthetic abdominoplasty. Harvesting the rectus abdominis muscle is associated with donor morbidity, including the risk of abdominal wall hernia, and could affect early post-operative dynamics of breathing. Ablation or ligation of the ipsilateral internal mammary vessels does not preclude using the rectus abdominis muscle flap. The superior epigastric vascular pedicle can still be perfused through the lower intercostal and musculophrenic artery (24). Musculocutaneous rectus

abdominis flaps are particularly likely to develop venous congestion after ligation of the deep inferior epigastric pedicle. In these cases, the flap can be supercharged by vein anastomosis (25).

External oblique muscle

The external oblique muscle flap has also been used in chest wall reconstruction, although the use has not been generalized as in the case of the pectoralis major, rectus abdominis, or latissimus dorsi muscle flaps. Several surgeons (1,26) used this flap in their reconstructions in the nineteenth century, and more recently, Chang *et al.* (19) have continued to use it. Lee *et al.* (27) recently reported the results from 75 reconstructions following advanced or recurrent breast cancer. According to their report, complication rates were low, and operation times were under two hours. The flap can be used in anterior-lateral and thoraco-abdominal reconstruction.

Serratus anterior muscle flap

The serratus anterior muscle can be used alone (28) in anterior-lateral and posterior-lateral chest wall reconstruction. The subscapular vascular system also supplies scapular and parascapular flaps. These flaps, including the serratus anterior flap, have been frequently used as chimeric flaps with the latissimus dorsi to repair massive chest wall defects (7).

Pedicled perforator flaps

Thoracodorsal artery perforator (TDAP) flap

The TDAP flap and intercostal artery perforator (ICAP) flap are the most commonly used perforator flaps for chest wall reconstruction. Additional perforator flaps have also been reported in the literature for use in chest reconstruction, including the internal mammary artery perforator, superior epigastric artery perforator (SEAP), lateral thoracic artery perforator, and dorsal scapular artery perforator flaps (29). The thoracoepigastric flap is actually a transposition flap modification of the perforator flap, because usually it is based on the perforator from the epigastric arcade or intercostal arteries. Thoracoepigastric flaps are used to cover smaller defects in the thoracoabdominal area or the lower part of the chest wall (11).

TDAP flaps can cover moderately sized defects on anterior-lateral, posterior-lateral, and anterior chest wall defects. Yang *et al.* (30) reported 100% flap survival (size 6–9×14–18 cm) with reduced donor site morbidity.

ICAP flap

The ICAP flap can be supplied by anterior, lateral, or posterior ICAPs. Jiang *et al.* (31) have successfully used a lateral ICAP flap to cover axilla area defects due to lymphatic malformations. Similarly, Yu *et al.* (32) reported using an anterior ICAP flap to reconstruct a chest wall defect after dermatofibrosarcoma resection.

SEAP flap

The SEAP flap has been used in reconstruction of sternal wound infection after median sternotomy (33,34). The advantages of the SEAP flap include the relatively short operation time (33) and sparing of muscle tissue (34).

Others

The omentum flap

The omentum flap is an alternative option for anterior and anterio-lateral chest wall defect reconstruction (35). The flap can be harvested from traditional open laparotomy (36) or laparoscopy (37). The omentum flap is supplied from unilateral or bilateral gastropiploic vessels. This flap offers several advantages, including a large surface area, pliability, and a long pedicle. However, the flap has to be covered with a skin graft or another flap, and carries the risk of subsequent hernia.

Breast flap

In special circumstances, a midline chest wall defect can be covered with a breast flap. The major advantage of this flap is fast operation time, particularly in the highly morbid elderly patient cohort (2).

Reverse abdominoplasty

In selected patients, the reverse abdominoplasty has been used successfully in reconstruction of thoraco-abdominal or caudal chest wall defects (38,39). Notably, Pantelides *et al.* (39) do not advocate reverse abdominoplasty as a first choice for reconstruction. Rather, this should only be an alternative to pedicled or free-flap reconstruction in special cases.

Microvascular free flaps

The indications for microvascular free flaps are the following:

- (I) Pedicle flap options have been used, or the pedicle of these flaps is damaged due to previous operation or radiotherapy (11).
- (II) Some areas are difficult to reach with pedicle flaps,

Table 1 Recipient vessels for free flaps in two series

Recipient vessel	Cordeiro <i>et al.</i> 2001 (25), n=25	Salo and Tukiainen 2018 (3), n=17
Artery		
Internal thoracic artery	7	4
Subclavian artery	3	4
Saphenous loop	–	3
Subscapular artery	1	3
Thoracodorsal artery	2	2
Axillary artery	1	1
Thoracoacromial artery	1	–
Transverse cervical artery	4	–
External carotid artery	4	–
Lingual artery	1	–
Brachial	1	–
Vein		
Subclavian vein	–	5
Axillary vein	4	3
Saphenous loop	–	3
Internal thoracic vein	4	2
External jugular vein	6	2
Circumflex scapular vein	–	1
Thoracodorsal vein	1	1
Innominate vein	6	–
Internal jugular vein	4	–
External carotid vein	4	–
Brachial vein	1	–

such as thoraco-abdominal defects and defects of the epigastrium area (2).

- (III) A single pedicle flap is not of adequate size or volume to cover the whole defect (10).

General principles of chest wall free-flap reconstruction

In general, the ideal microsurgery flap has a constant anatomy a reliable and sufficiently large pedicle, and the ability to be rapidly harvested. The same principles are important in choosing a microvascular flap for chest wall reconstruction (17).

Microvascular free-flap reconstruction should be

carefully planned to achieve a fast and safe operation (2). When possible, a two-team approach is used, and the patient is kept in one position throughout the operation, to avoid a prolonged operation time (3,18).

Usually, recipient vessels are chosen close to the resection site, where healthy vessels are easily accessible. The selection of recipient vessels in two different series is shown in *Table 1*. Sometimes, these typical recipient vessels are unavailable or the flap positioning is extremely impractical. In these cases, an arterio-venous (A-V) loop is a good option to get inflow and outflow to the flap. Engel *et al.* (40) created an A-V loop between the cephalic vein and the thoraco-acromial artery (CTA-loop) and used these as recipient vessels. In the thoraco-abdominal region, the saphenous loop from the lower leg is useful to achieve good blood flow to the flap and to relieve positioning of the flap (17).

In larger chest wall reconstruction series, free-flap reconstruction was necessary in 21% (3), 11% (4), 10% (12), and 6% (19) of the cases. This may reflect patient material and selection. The median chest wall defect size in these series was only reported by Salo *et al.* (3), and it was 156 m².

Microvascular free flaps for chest wall reconstruction

Tensor fascia lata (TFL) and variants

Free flaps from thigh areas are very useful and have no negative effect on breathing. These flaps allow flap harvesting and reconstruction in the same position. TFL flap (*Figure 2A,B,C,D*) is a strong option, as it provides constant anatomy, large flap (up to 20×35 cm), and large vessels to permit safe anastomosis. Usually, the donor side of the TFL flap has to be skin-grafted, and leaves few aesthetic donor deformities.

When a particularly large TFL flap is needed (>25×35 cm), including muscle (rectus femoris or vastus lateralis) with the flap gives more perforator vessels to the distal and medial part of the large flap (2,3).

Anterolateral thigh (ALT) flap

The ALT became a popular free soft tissue reconstruction method in the twentieth century (41). The usage of this flap in chest wall reconstruction has increased (18,42,43). A skin paddle can be harvested 8×25 cm (44) with direct closure, and the flap has a long pedicle (42).

Latissimus dorsi flap

Repeated lateral thoracotomies can damage thoracodorsal

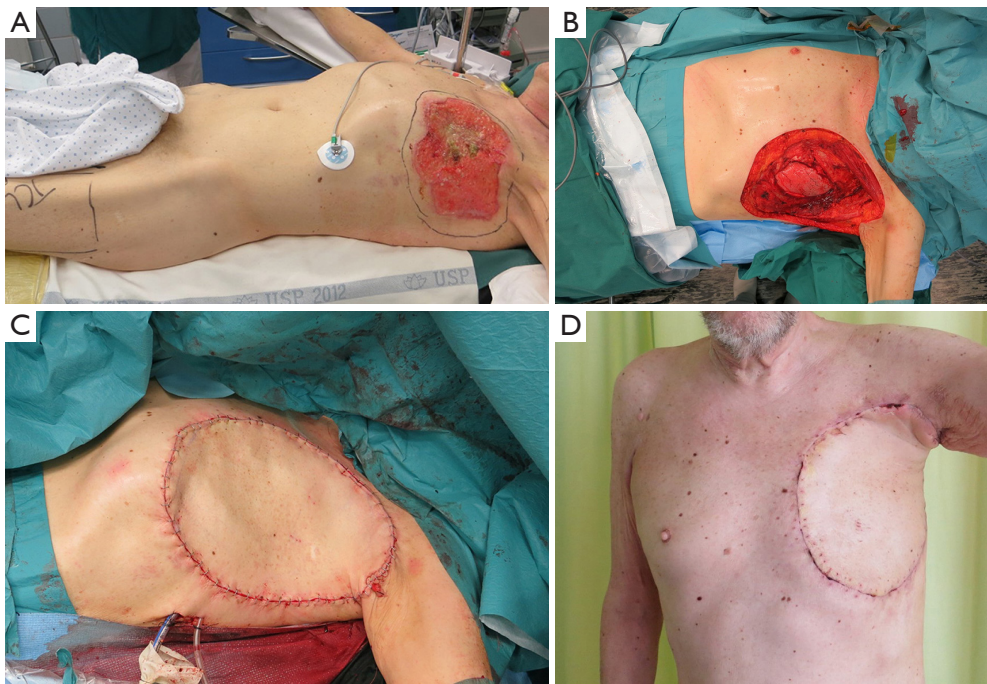


Figure 2 Chest wall resection and reconstruction. (A) Chest wall invasive basosquamous carcinoma; (B) anterior-lateral full-thickness chest wall resection; (C) chest wall stabilization with mesh and soft tissue reconstruction with free TFL-flap; (D) two-week post-operative control. TFL, tensor fascia lata.

vessels, rendering the ipsilateral latissimus dorsi muscle flap unusable. The contralateral latissimus dorsi muscle has been successfully used as a free flap (25); in this situation, the position of the patient may need to be changed during the operation. The flap is reliable because of the large diameter of supplying thoracodorsal vessels (2–4 mm). Moreover, donor site morbidity is minimal, and the flap has a large volume. In massive defects, other parascapular flaps can be used in addition to the latissimus dorsi flap.

Rectus abdominis and musculocutaneous alternatives for the rectus abdominis (TRAM and VRAM)

The musculus rectus abdominis flap used to be popular in chest wall reconstruction as either a pedicled (45) or free flap (25), both of which have poor rates for donor site morbidity. After harvesting, there is a defect in the anterior rectus sheath. This can cause a hernia, even when synthetic mesh is used in the reconstruction of the abdominal wall (44).

Presently, musculocutaneous variants of rectus abdominis muscle flap including TRAM, muscle-sparing TRAM, and VRAM, are the microvascular flaps most commonly used in locally advanced breast cancer (43). The flap is reliable, large (2), easy, and can be harvested quickly.

Deep inferior epigastric perforator flap (DIEP)

The DIEP flap has been used for many years as the gold standard in breast reconstruction; hence, surgeons that are specialized in breast reconstruction have extensive experience with the DIEP flap, and the flap is also used in chest wall reconstruction. Donor site morbidity is minimal when the functionality of the rectus muscle is preserved (18). The DIEP flap can cover a large surface area, but closing the harvesting area may increase the anterior chest wall defect (2). Furthermore, the DIEP flap may increase operation time due to intramuscular dissection of the pedicle (44).

Fillet forearm flap

The fillet forearm flap has been used for reconstruction of the chest wall after extended forequarter amputation (46). If the distal part of the arm or/and forearm are tumor-free, fillet forearm flap reconstruction can provide excellent coverage of the extended four quarter area, and also provide contour of the shoulder (2).

Omentum flap

Omentum flap as a free flap is mainly used as a salvage procedure (44).

Survival, complications, and health-related quality of life

Thirty-day mortality in chest wall reconstruction reports ranges from 0 to 7%, which is considered to be acceptable (3,4,11,12,14).

According to the reports on 5-year survival following oncologic chest wall resection and reconstruction, there is wide variation across the different types of cancer; breast cancer ranges from 9% to 69% (3,47-49), soft tissue sarcomas from 55% to 89% (50-53), chondrosarcomas and bone sarcomas from 64% to 92% (3,54,55), and advanced lung cancer from 21% to 61% (56,57). In general, the survival rates of the patients tend to reflect the varying biological behaviors of the different cancers.

At present, surgical complications should be ranked according to the Clavien-Dindo classification of surgical complications. This classification has standardized the estimation of surgical complication in different articles (58). However, only one article regarding reconstruction of the chest wall used this classification to estimate the complications. Therefore, it remains challenging to compare complications among different reports, since different classification systems are used.

Recently, health-related quality of life research (HRQOL) has been recognized as an important part of cancer research, and has become an essential end-point of therapy (59). A recent article was published that evaluated the long-term HRQOL in patients after chest wall reconstruction following oncological resection. According to this publication, the outcome was largely comparable to that of the age- and gender-standardized general population (60), although a slight limitation in breathing or subjective assessment of dyspnoea was noted (60,61).

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Footnote

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